



## 22

Easy and elegant  
DIY organizers.  
(Yes, we made this!)

## features

### 22 ORGANIZING ON THE CHEAP

Easy tricks for closets, pantries, and more.

### 30 'THAT THING CHANGED MY LIFE'

Our readers rave about their favorite products—and vent about their disappointments.

### 38 NEW WAYS TO EAT BETTER

Give your grocery list a makeover with these nutritional powerhouses.

Cover photography by Monica Buck; prop styling: Marcus Hay; frozen meal and chocolates: James Worrell; food styling: Brian Preston-Campbell; prop styling: Karin Olsen; kettlebell: istockphoto/PhotoSouth.



## 38

12 good-for-you  
foods you're  
probably not eating  
but should be!

## departments

- 4 SHOPTALK**  
**5 ways to shop smarter**  
Fun new ways to shop with your phone, another free-shipping program, and more.  
**What's the deal with ...**  
All those new QR codes.  
**Now you know**  
Top 10 places to get a little R&R.  
**Hot and not**  
Kid-friendly tablet, Nook Tablet, a fab food processor, and more.  
**Do it cheaper**  
Tips for making your old clothes look fresh for the season.  
**Fashion Q&A**  
The hottest new bags for spring.  
**Ad check**  
Our tests poke holes in Chef Basket claims.  
**Instant upgrade**  
Desk a mess? Six simple ways to free up work space.  
**Sites to see**  
Shop here and your lingerie drawer will never be the same.
- 13 HEALTHY CHOICES**  
How snacking hurts your health, a new Tylenol warning, and more.
- 14 PURSE SMART**  
Avoiding ID theft, tips for safe online shopping, and a new way to send money using Facebook.
- 19 TRUTH IN BEAUTY**  
Gloppy mascara? Chipping polish? Easy fixes for makeup mishaps.

### In every issue

- 3 EDITOR'S NOTE**
- 16 ASK OUR EXPERTS**
- 83 RECALLS AND MORE**
- 84 BACK IN THE DAY**

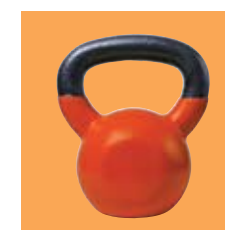
NOTE: The prices and availability of products shown in this issue are subject to change.

## the buying guide



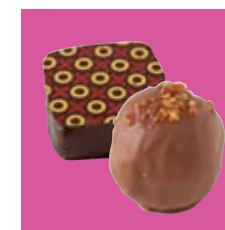
### home&yard

- 45 GO-TO GADGETS** Kitchen tools that make cooking easier. Plus what not to buy.
- 49 WATER PICKS** Five great filters that will cut contaminants and keep your H<sub>2</sub>O tasting great.
- 51 EASY KITCHEN UPDATES** Add a splash of color!



### health&family

- 55 GET FIT AT HOME** Inexpensive workout gear you'll actually want to use.
- 58 THE BIG STUFF** The best treadmills and ellipticals.
- 60 SMILE SAVERS** What you really need to keep your teeth healthy. Plus what to stop doing now!



### food

- 65 WINNER DINNERS** Yummy meals from the freezer section? Yes! We tested 19 and found two we loved.
- 68 ULTIMATE CHOCOLATES** Splurge-worthy treats!
- 70 BACK TO YOUR ROOTS** They're gnarly and twisted, but these veggies are also delicious and nutritious.



### electronics

- 73 THE RIGHT CALL** How to buy the best cell phone for you. Plus readers rate the carriers.
- 76 BIGGEST TURN-ONS** Cool new TV features.
- 78 SPRING FOR THE IPAD?** How the Nook Tablet and Kindle Fire compare with Apple's tablet.



### cars

- 79 CAR BUYERS' BIGGEST REGRETS** Our readers share their frustrations about buying, financing, and more. Learn from their mistakes!
- 82 ARE YOUR TIRES SAFE?** An easy check could prevent an accident.